

OUTSIDE THE VINES

In our California issue, we explore vineyards and cellars throughout the state that provide some of the country's most alluring wine. But producers in Napa and Sonoma have easy access to another captivating aspect of the West Coast: outdoor adventure. Turn the page for their favorite spots to walk, hike or bike ride.>>



ALANNA FALE

Bodega Bay

WHERE CALIFORNIA PRODUCERS PLAY

Winemakers are an adventurous bunch who love getting out into the natural world, and not just to spend time in the vineyard. Surrounded by northern California's beautiful nature preserves and miles of Pacific Ocean coastline, most Napa or Sonoma producers will openly gush about more than a few favorite trails and outdoor retreats. Read on to see how they get away from it all.

—Virginia Boone



Armstrong Woods State
Natural Reserve

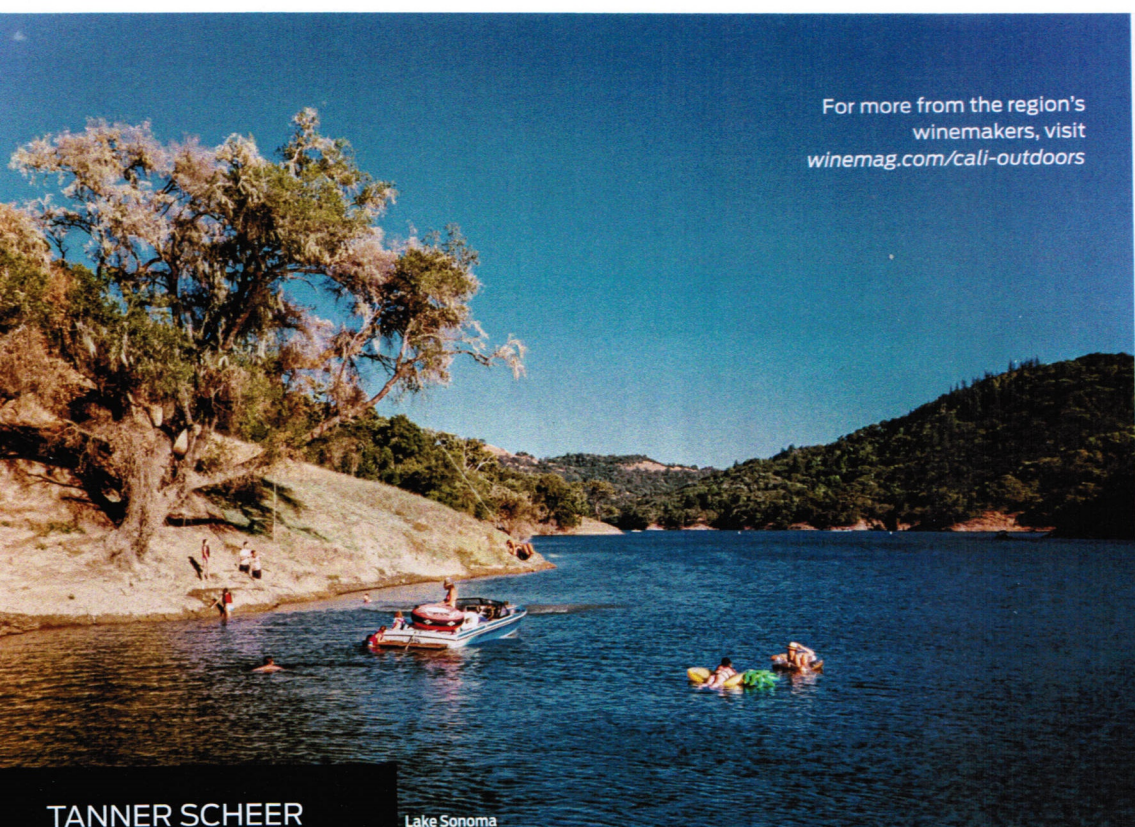


Mount Veeder

ALEXANDRE REMY

Managing partner/winemaker, Atlas Wine Company

A marathoner, Napa-based Remy loves **Oat Hill Mine Trail** in Calistoga for mountain biking. It's "technical, challenging and [has] some of the best views of the valley." For trail running, he heads to **Skyline Wilderness Park**, near to Atlas's office. His favorite destination for family hikes is **Westwood Hills Park** in Napa. "The spider tree is a favorite for the kids to climb on." Another great choice, **Limantour Beach** is a hidden gem close to Point Reyes Station that has great sand dunes. As for road biking, "nothing can beat the classic **Mount Veeder** loop. My favorite way is to do it clockwise."



For more from the region's winemakers, visit winemag.com/cali-outdoors

ALBERTO BIANCHI

Winemaker, Newton Vineyard

One of Bianchi's favorite activities is to rent a boat with friends on **Bodega Bay** to fish for salmon, tuna and, when in season, Dungeness crab. "It's a great way to be in touch with wild nature and also for cooking great food back home."

For more of an athletic challenge, however, he heads to **Spring Mountain Road**, which connects Santa Rosa to St. Helena through the Mayacamas Mountain range. "It immerses you in nature, creeks, vineyards and the shade of the local trees. On top of the Spring Mountain appellation [where Newton is located], the view is incomparable, particularly early in the morning when the lower part of the valley is still covered with fog. It seems there is no land below you but just clouds with mountains floating."

TANNER SCHEER

Winemaker, Red Car Wine

"Fishing and the outdoors have been an integral part of my life from the time I was young," says Scheer. As an angler in Sonoma County, he feels fortunate to have so many options within day-trip distance. His personal favorite is **Lake Sonoma**. "I often find myself suspended in admiration of the geology all around me: sheer canyon walls riddled with bent, folded and fractured rock, enshrouded by giant redwoods. Being a kayak angler, I am able to take in all of the sights and sounds that the lake has to offer, all the while getting exercise, doing what I love to do."

Lake Sonoma



Bodega Bay

ANA DIOGO-DRAPER

Director of winemaking, Artesa Vineyards & Winery

The mother of young children, Diogo-Draper's go-to for both a good run and an easy family hike is the Russian River Valley's **Riverfront Regional Park**. "It is an easy loop, by the water, with a beautiful little redwood grove."

Another Sonoma County favorite is **Pepperwood Preserve**, where she's a devoted member. "I first went there on a school field trip, and absolutely fell in love with the project. They brilliantly mix science and art and offer the most interesting guided hikes. It got hit by the 2017 fires, so it is definitely something that needs our support."



Spring Mountain Road

MAGGIE KRUSE

Winemaker, Jordan Vineyard & Winery

Kruse and her family hike in **Armstrong Woods State Natural Reserve**, "an absolutely beautiful redwood forest. There are hiking trails for all ability levels and, in the heat of summer, it's always a little cooler." When Kruse has adventurous out-of-town guests, she takes them to zipline through the redwoods in Occidental. "Many people can say they have walked along the redwoods, but how many people can say they have soared above them? The views are absolutely incredible, and the staff at **Sonoma Canopy Tours** is very knowledgeable, safe and patient."